

ECSTASY

DID YOU KNOW...

- The scientific name for ecstasy is MDMA (methylenedioxymethamphetamine). Ecstasy is made in hidden labs, mainly in Europe and the mainland. Ecstasy is entirely man-made; it does not come from a plant. Other substances, such as caffeine, cough syrup, cocaine and even rat poison, are often added to these tablets.
- In Hawai'i, ecstasy use is increasing among teenagers and young adults. Ecstasy abuse is also rising among the large military population in Hawai'i.
- Ecstasy is usually taken in pill, tablet or capsule form. The pills can be different colors with different images on them which show the different "brands." Other names for ecstasy are "E," "XTC," "X," "adam," "roll," "hug," "beans," "PLUR drug" (Peace, Love, Unity and Respect), "lover's speed" and "love drug."



- After the initial “rush” or high, users may feel anxious, agitated, faint or dizzy. Users may also experience blurred vision, nausea, chills, sweating, teeth clenching and grinding, and muscle tension.
- Ecstasy increases heart rate and blood pressure. It interferes with the body’s ability to regulate its temperature. It also suppresses the need to eat, drink or sleep. In combination with vigorous activity and the heat at raves or clubs (where ecstasy is often used), users can become dehydrated or overheated, which can lead to serious heart, kidney and liver problems, or even result in death.
- Users can experience depression, anxiety and an intense feeling of fear, and experience difficulty sleeping for days or weeks, even after just one use.
- Ecstasy overdose is characterized by rapid heartbeat, high blood pressure, faintness, muscle cramping, panic attacks, and, in more severe cases, loss of consciousness or seizures.
- Continued ecstasy use may result in brain damage and memory loss.